



# 2019 Summer Fun Edgecombe County 4-H



4-H is the youth development program of North Carolina Cooperative Extension. The Edgecombe County 4-H Program offers Summer Fun – a series of educational camps designed to build life skills through shared experiences and hands-on learning. Camps are open to ages specific to the age appropriateness of the activities. **Youth must be 5 to 18 years of age as of January 1, 2019.** Follow the **3** easy steps to register:

## 1 4-H Enrollment

Enrollment is now online! Go to [nc.4honline.com](http://nc.4honline.com) to set up your account. All youth are required to have an *active* 4-H online account in order to participate. This will need to be updated every January.

## 2 Camp Registration

**Registration is in-person on a first-come, first-serve basis.** Turn in the Summer Fun Registration Form (back of packet) at the 4-H Office (Livestock Arena on May 6, 5:00-7:00pm only). Some camps require additional paperwork that is available at registration. Please make sure all information is correct. Waitlists will begin once a camp is full. **NO PHONE, EMAIL, FAX, OR MAIL-IN REGISTRATION will be accepted.**

## 3 Payment

Camp fees are due at time of registration. **Please bring cash or check payable to Edgecombe County 4-H.** Spaces will NOT be held without payment. Waitlists do not require payment up front, but will be due if a space opens and your child attends. Returned checks result in \$30 charge.

### Registration Dates

Current/  
Returning  
4-H'ers

**May 6** Livestock Arena, 5:00-7:00pm

**May 7** 4-H Office, 8:00am-5:00pm

Public  
Enrollment

**May 8** 4-H Office, 8:00am-5:00pm

*Registration continues until camps are full*

### Contact:

**Misty Varnell, 4-H Program Assistant:**

[misty\\_varnell@ncsu.edu](mailto:misty_varnell@ncsu.edu)

**Tanya Heath, 4-H Agent:** [Tanya\\_Heath@ncsu.edu](mailto:Tanya_Heath@ncsu.edu)

**Office:** 252-641-7821

[edgecombe.ces.ncsu.edu](http://edgecombe.ces.ncsu.edu)

[www.Facebook.com/EdgecombeCo4HLivestock](http://www.Facebook.com/EdgecombeCo4HLivestock)

### Additional Information:

- Fees cover insurance and supplies. Camp fees are non-refundable, unless the camp is cancelled due to low enrollment.
- Space is limited, so once enrolled, your child is expected to attend and participate. If your child can no longer attend, please contact the 4-H Office as soon as possible so we can offer the space to the waitlist.
- Please keep track of which camps your child has registered for. You may receive an email 1-3 days before the camp as confirmation or containing additional reminders. Do not rely on this as a reminder.
- Start and end times are enforced. Please arrive on time and pick up your children on time. We are unable to wait for late campers when departing for "away" trips, due to schedules established with our partnering organizations.
- Due to NC law, 4-H staff are not allowed to supply or install car seats. If a car seat or booster seat is needed, please provide one and place it in the County van. Your child's safety is very important to us!
- If your child will be taking any medication (prescription or over-the-counter) during a 4-H camp, please advise the 4-H staff and supply medication in a labeled container for the leader to be responsible for.

## Farm 2 Fork: 4-H Food & Gardening Series

This summer, we invite you to take part in our 4-H garden! We will have a few raised beds to learn how to grow our own delicious food. Join us for the F2F day camps to learn about safe food preparation and nutrition as you make yummy snacks with fresh produce. Take your culinary skills a step further in the F2F Chef Schools at the end of the summer, where you will be cooking with produce harvested from our 4-H garden!

### Gardening

Any 4-H'er who wants to learn more about gardening is invited to join us on the scheduled Thursday evenings to tend the garden and learn more about cultivating food.

#### Thursdays 4:00pm-5:00pm:

May 2, 16, 30; June 6, 13, 20, 27; July 11

**Ages:** 5-18 | No cost for gardening only

**Location:** Meet at Saint David Street Community Garden



### F2F: Thursday Afternoons

Spend the whole afternoon with us by registering for a cooking camp! Learn how to prepare tasty, healthy snacks before heading over to the garden!

**Dates:** See schedule below

**Time:** 1:00pm-5:00pm

**Age:** 5-18 | **Camp Limit:** 12 per day

**Location:** Drop off at 4-H Office, Pick up at Saint David Street Community Garden

### Kool Drinks

**Date:** June 13 | **Cost:** \$10

Make delicious fruit smoothies and frozen treats!



### Berry Delicious

**Date:** June 20 | **Cost:** \$10

Learn how to incorporate berries as the perfect summertime treat for any meal!



### Sweet Treats

**Date:** June 27 | **Cost:** \$10

Calling a sweet tooth...we will put a healthier spin on some of your favorite treats! We may indulge a bit too!



### Melon Mania

**Date:** July 11 | **Cost:** \$10

Make snacks with watermelon and other seasonal fruit!



### F2F: Farm Tour & Harvest

**Date:** July 16

**Time:** 9:00am-12:00pm

**Ages:** 5-18. | **Camp Limit:** 18

**Cost:** \$10

We will visit a local farm to expand our knowledge of agricultural practices. If our growing season is successful, we will harvest the vegetables in our garden!

### F2F: Cloverbud Chef School

**Date:** July 17-18

**Time:** 9:00am-12:00pm

**Age:** 5-8 | **Camp Limit:** 12

**Cost:** \$20

**Location:** Livestock Arena



Learn your way around the kitchen as you are introduced to food safety, knife safety, kitchen utensils, and gadgets. Participants will learn to read and follow recipes while preparing their own meal. Dessert included.

### F2F: Junior Chef Academy

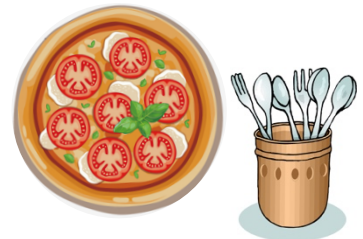
**Date:** July 17-18

**Time:** 1:00pm-4:00pm

**Age:** 9-18 | **Camp Limit:** 12

**Cost:** \$20

**Location:** Livestock Arena



Youth will learn several different cooking techniques as they advance through the Junior Chef Academy. Steaming, roasting, stir frying, baking, and grilling are just a few techniques participants will learn. Come to this camp and let your inner chef shine.

### Package Deal!

If signing up for all six F2F camps (Kool Drinks, Berry Delicious, Sweet Treats, Melon Mania, Farm Tour & Harvest, and Chef School), get a **discounted rate of \$60 for the series (\$10 savings)**.

## 4-H Presentation & Grilling Program

**Deadline to Register:** Monday, May 20

**Age:** 5-18

### County Activity Days

**Dates:** May 29-31 after school, by appointment

**Additional Practice Days:** By appointment

### District Activity Day

**Date:** Saturday, June 22

**Location:** Wake County



### NC 4-H Congress Presentations

**Date:** Saturday, July 20

(for those advancing from DAD)

Presentations and Grilling – this a great program for all 4-H'ers to participate in! Learn about a topic you're interested in and teach others about it! You will gain confidence in front of an audience and hone your communication skills. We start working on presentations in April – let us know what you'd like to present on and we'll be glad to help you develop your presentation!

### NC 4-H Congress

**Date:** July 20-23

**Age:** 13-18 | **Cost:** \$150

(scholarships may be available through presentation program)

**Location:** NC State Campus/Raleigh

Teens wanting to attend the full NC 4-H Congress must give a presentation at DAD. NC 4-H Congress is an opportunity to practice and develop leadership skills, learn about your community and participate in service projects, participate in the democratic process through campaigning and electing state 4-H officers, and HAVE FUN with fellow 4-H'ers!



## Mountain Adventure: Biltmore Estate & Whitewater Rafting

**Date:** June 5-6

**Time:** Leave 6:00am June 5; Return by 9:00pm June 6

**Age:** 11-18 (age 8-10 with parent)

**Cost:** \$125 for youth; \$150 for adults

**Location:** Drop off and pick up at 4-H Office; Overnight lodging at Blue Ridge Assembly, Black Mountain, NC

Join us for a fast-paced trip to the Blue Ridge Mountains! Tour America's largest home – Biltmore Estate – and the beautiful grounds in the French Broad River Valley. Experience the heart of the mountains with a whitewater rafting trip down the French Broad River.

## 4-H Forestry Program

The 4-H Forestry Program helps develop appreciation for the importance of conserving forestland as a source of products, benefits, and services necessary for quality living. 4-H foresters learn practical forest management skills through participation in the 4-H Forestry Contest. Learning these skills will help our leaders of tomorrow be prepared to own forestland or deal with environmental issues in the future. Events covered at the state contest include tree identification, tree measurement, insect and disease identification, and compass traverse.



### 4-H Forestry Local Practices

**Tuesdays:** June 11, July 2, July 16

*Practices will continue August-October.*

*The State 4-H Forestry Contest is October 5!*

**Time:** 5:30-7:00 (unless otherwise announced)

**Age:** 8-18 | **No cost** (unless competing: \$15 due in Sept.)

**Location:** Indian Lake Park, **TARBORO** Parks & Recreation



## 4-H Chicken & Rabbit Show

Have you ever wanted to show a small animal? Join the fun of having your own chickens or rabbits to raise throughout the summer and early fall. Be sure to practice your showmanship skills for the show during National 4-H Week in October. **Registration deadline is May 31<sup>st</sup>.**



**Chicken Show:** Registration fee is \$10- you get 3 chicks from 4-H.



**Rabbit Show:** Registration fee is \$5- you contact and pay the rabbit breeder of your choice.

## 4-H Forestry

### Trip to Clemmons Educational State Forest

**Date:** June 18

**Time:** 8:00am-4:00pm

**Age:** 8-18 | **Camp Limit:** 16 (must register)

**Cost:** \$5

**Location:** Drop off and pick up at 4-H Office

*\*Bring a bagged lunch*

We will have a ranger-led program at Clemmons ESF to learn and practice tree identification and learn about how the forest is managed for wildlife. In the afternoon, we will visit the NCSU Department of Forestry & Environmental Resources to explore college education and career tracks!



### Kayaking

**Date:** June 10 or June 24 (register for one)

**Time:** 4:00pm-6:00pm

**Age:** 10-18

**Camp Limit:** 8 each trip

**Cost:** \$5

**Location:** Drop off at 4-H Office; Pick-up at Riverfront Park (Panola Street)



Join us for a kayaking adventure on the Tar River! We will put in at Shiloh Landing and take out at Riverfront Park in Tarboro. *Participants must know how to swim.*

### Teen Leadership Training Retreat

**Date:** June 17

**Time:** 8:00am-5:00pm

**Age:** 13-18 | **Camp Limit:** 10

**Cost:** Free for Teen Leader Interns; \$30 for teens not completing internship

**Location:** Drop off and pick up at 4-H Office

*\*Bring a bagged lunch*

We are travelling to the NC State low ropes course for training in leadership, team building, and communication. This retreat is designed to empower teens to be leaders in 4-H and their greater communities. Teen volunteers who are completing the 4-H Teen Leader Internship will be given priority; teens who want leadership training but are not enrolled in the internship are welcome to attend, space permitting!



### Cloverbud Farm Life

**Date:** June 11-12

**Time:** 8:00am-1:00pm

**Age:** 5-8 | **Camp Limit:** 10

**Cost:** \$20

**Location:** Drop off and pick up at 4-H Office

*\*Bring a bagged lunch*



Experience a little bit of farm life with 4-H! We will spend the first day at Bearadise Farm caring for the goats and chickens. The fun continues back at the 4-H Office with farm life crafts and games! We will spend the second day touring the Simply Natural Creamery dairy farm, where you will get to meet the Jersey cows and enjoy their delicious ice cream!

### Duke Lemur Center & Morehead Planetarium

**Date:** June 19

**Time:** 8:30am-5:00pm

**Age:** 8-13 | **Camp Limit:** 15

**Cost:** \$30

**Location:** Drop off and pick up at 4-H Office

*\*Bring a bagged lunch*



We will travel to the Duke Lemur Center for a close-up look at these fascinating critters! DLC is home to the world's largest and most diverse collection of lemurs – Earth's most threatened group of mammal – outside of Madagascar. Pack a picnic lunch to eat outside! We will spend the afternoon at Morehead Planetarium and Science Center. We will enjoy a planetarium show – *Carolina Skies: Lunar Landing Edition*, and get to explore the space exhibits.

*\*\*\*Optional: If you are interested in donating lemur enrichment items, ask the 4-H Office for more information!*

### Beekeeping Camp

**Date:** June 13-14

**Time:** 9:00am-12:00pm

**Age:** 8-13 | **Camp Limit:** 20

**Cost:** \$25

**Location:** Drop off and pick up at 4-H Office



Did you know that honeybees help produce a lot of the food you eat? In this camp, you will learn about honeybees and their importance as pollinators, learn the art and science of beekeeping, and check hives with local experts. There will be several different hands-on activities each day. *\*\*\*If you are allergic to bees, this camp may not be for you.\*\*\**

### Paint & Craft pARTy!

**Date:** June 24-25

**Time:** 9:00am-12:00pm

**Age:** 5-12 | **Camp Limit:** 12

**Cost:** \$30

**Location:** Drop off and pick up at 4-H Office

Come make art with us! Paint farm animals on canvas with 4-H'er Kayleigh M. and exercise your creativity with lots of summer-themed crafts! Have fun making and showing off your art! We encourage everyone to enter their art in the Wilson County Fair & NC State Fair this fall!



## Museum of Life & Science

**Date:** June 26

**Time:** 9:00am-5:00pm

**Age:** 8-13 | **Camp Limit:** 10

**Cost:** \$30

**Location:** Drop off and pick up at 4-H Office

*\*Bring a bagged lunch*

The Museum of Life & Science has *84 acres of fun things to discover and do!* Step back in time on the dinosaur trail, make new discoveries in the STEM labs, visit the tropics in the butterfly house, meet the animals, explore the treehouse village, and ride the train!



## Skillathon Camp

**Date:** July 23-25

**Time:** 9:00am-12:00pm July 23-24;

*State Skillathon Contest All Day July 25!*

**Age:** 9-18 | **Cost:** \$15

**Location:** Livestock Arena

Did you know there is a breed of pig that grows wool like a sheep? Or the difference between a Porterhouse Steak and a T-Bone? Join us for the Skillathon Camp to learn more about Livestock Breeds, Tools, Meats, Feeds, Hay, and even Fleece! Participants will get to compete at the State Skillathon Competition in Raleigh on the 25th!



## Horse Ranch Camp

**Date:** July 1-2

**Time:** 8:00am-5:30pm

**Age:** 8-18 | **Camp Limit:** 10

**Cost:** \$75 (*lunch provided*)

**Location:** Drop off and pick up at 4-H Office; Instruction provided by Cavvieta Quarter Horse & Cattle Co.

Join us for this fun two day horse camp to learn about barn management and horse care, get some saddle time, and enjoy the scenery around the ranch! No horse experience is necessary. *Wear long pants (jeans) and closed-toe shoes with a heel (boots recommended). Bring a riding helmet if you have one.*



## Ag Safety Day

**Date:** July 25

**Time:** 9:00am-2:00pm

**Age:** 5-12

**Cost:** \$5 (*includes lunch*)

**Location:** East Carolina Livestock Arena

A fun-filled day of learning for children K-5<sup>th</sup> grade. Topics for demonstration and discussion may include: ATV Safety, Tractor/PTO Safety, Fire Safety, First Aid, Healthy Lifestyles, Chemical Safety, Animal Safety, Hidden Hazards, Electrical Safety, and Sun Safety. This safety day includes lunch, a take home goody bag, and a t-shirt for participants. *All participants must complete a release and consent form.*



## CSI Biotech Camp (Northeast District Science Camp)

**Date:** July 9-11 (Residential) **Deadline to Register:** June 15

**Age:** 12-15 | **Cost:** \$120

**Location:** NC Wesleyan College

Join fellow middle and high school youth to solve a murder mystery using science! You will learn about the techniques used by forensic scientists to help solve crime. You will also learn the science behind various tasks that go into crime solving such as fingerprinting, interrogation, DNA extraction, and electrophoresis. At the end of the camp, youth will work together to solve their very own murder mystery.



## Set Sail with 4-H

**Date:** July 30

**Time:** 8:00am-7:30pm

**Age:** 10-18 | **Camp Limit:** 10

**Cost:** \$45 + *Bring money for lunch*

**Location:** Drop off and pick up at 4-H Office

Do you need vitamin "SEA"? Come learn to sail with River City Community Sailing in Elizabeth City! We will visit the Museum of the Albemarle in the morning before setting sail in the afternoon! You will get hands-on instruction and practice sailing! *Participants must know how to swim.*



## Poultry Palooza

**Date:** July 15-19

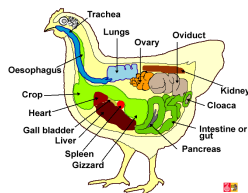
**Time:** 9:00am-12:00pm July 15-18;

*State Poultry Contest all day July 19*

**Age:** 9-18 | **Cost:** \$15

**Location:** Livestock Arena

Join us for this fun, hands on camp to learn more about the poultry industry, why the chicken lays an egg, and much more! Participants will get to show off what they learned at the State Poultry Judging Contest in Raleigh!



## Howlin' Cow & Climbing

**Date:** July 31

**Time:** 8:00am-5:00pm

**Age:** 9-18 | **Camp Limit:** 10

**Cost:** \$25 + *Bring money for lunch*

**Location:** Drop off and pick up at 4-H Office

Tour the Randleigh Dairy History Museum and dairy farm, where NC State Howlin' Cow Ice Cream begins. Best of all, enjoy their famous ice cream! After lunch, gear up for an afternoon of rock climbing at the NC State Climbing Wall!





# 2019 Summer Fun Registration Form

Child's Name: \_\_\_\_\_ Age as of January 1: \_\_\_\_\_  
First Name Last Name

Parent/Guardian Name: \_\_\_\_\_ Best Phone Number: (\_\_\_\_) \_\_\_\_\_

Emergency Contact Name/Phone: \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_

Valid Email Address to Receive Camp Reminders: \_\_\_\_\_

Can your child swim? Circle one: No Yes-strong Yes-weak Parent Signature: \_\_\_\_\_

How did you hear about 4-H Summer Fun? \_\_\_\_\_

Select	Summer Fun Camp	Date	Time	Ages	Cost
	Gardening Only: Thursdays	May, June, July;	4:00-5:00pm	5-18	N/A
	Chicken & Rabbit Show	Registration deadline May 31		5-18	\$10/5
	Mountains: Biltmore & Whitewater Rafting*/**	June 5-6	2 full days, overnight stay	11-18	\$125
	4-H Forestry Program	Jun 11, July 2, July 16;	5:30-7:00pm	8-18	N/A
	Kayaking-1*	June 10	4:00-6:00pm	10-18	\$5
	Cloverbud Farm Life	June 11-12	8:00am-1:00pm	5-8	\$20
	Beekeeping Camp	June 13-14	9:00am-12:00pm	8-13	\$25
	F2F: Kool Drinks	June 13	1:00-5:00pm	5-18	\$10
	Teen Leader Training Retreat**	June 17	8:00am-5:00pm	13-18	see office
	4-H Forestry Trip to Clemmons ESF	June 18	8:00am-4:00pm	8-18	\$5
	Duke Lemur Center & Morehead Planetarium	June 19	8:30am-5:00pm	8-13	\$30
	F2F: Berry Delicious	June 20	1:00-5:00pm	5-18	\$10
	Kayaking-2*	June 24	4:00-6:00pm	10-18	\$5
	Paint pARTy!	June 24-25	9:00am-12:00pm	5-12	\$30
	Museum of Life & Science	June 26	9:00am-5:00pm	8-13	\$30
	F2F: Sweet Treats	June 27	1:00-5:00pm	5-18	\$10
	Horse Ranch Camp**	July 1-2	8:00am-5:30pm	8-18	\$75
	CSI Biotech Camp	July 9-11	Residential	12-15	\$120
	F2F: Melon Mania	July 11	1:00-5:00pm	5-18	\$10
	Poultry Palooza	July 15-19	9:00am-12:00pm	8-18	\$15
	F2F Farm Tour & Garden HARVEST!	July 16	9:00am-12:00pm	5-18	\$10
	F2F: Cloverbud Chef School	July 17-18	9:00am-12:00pm	5-8	\$20
	F2F: Junior Chef Academy	July 17-18	1:00pm-4:00pm	9-18	\$20
	Skillathon Camp	July 23-25	9:00am-12:00pm	8-13	\$15
	Ag Safety Day	July 25	9:00am-2:00pm	5-12	\$5
	Set Sail with 4-H*/**	July 30	8:00am-7:30pm	10-18	\$45
	Howlin' Cow & Climbing**	July 31	8:00am-5:00pm	9-18	\$25
	TOTAL DUE				

**\*Must know how to swim. \*\*Must sign an activity assumption of risk/release of liability form at 4-H Office**

**For office use only:**

Date: \_\_\_\_\_ Cash: \_\_\_\_\_ Check #: \_\_\_\_\_ Receipt by: \_\_\_\_\_ Total Paid: \_\_\_\_\_

4-H Online Verified: \_\_\_\_\_ Additional Forms Collected: \_\_\_\_\_