Well, it is time for the 4-H winter newsletter and we can really say it is a WINTER NEWSLETTER...with all the cold, wet and yes, snowy weather we have been having is quite different from winters past. Snowy weather has led 4-H to reschedule livestock weigh-in, stomp through snow to tag pigs and get up at 5:00 a.m. to make decisions as to hold district horse bowl competition or not. But guess what...you ALL “Stepped up to the Plate” and have made it all happen without any hitches and I do THANK YOU!

Let me remind you again that I am really looking forward to our 2010 4-H focus that we unveiled at our recent Achievement Program: Careers, Science and Math opportunities and our continued support of Living Green. Your support of the 4-H Achievement Community Service project “TOASTY TOES” brought smiles to the elderly patients at Britthaven Nursing Home in Tarboro and Heritage Retirement Home in Rocky Mount. The nursing staff also expressed their appreciation; you all contributed 450 pairs of socks to the project. The arena kitchen “Pounding” was overwhelming too.

So, there you have it. Regardless, of the 2010 messy winter weather Edgecombe’s 4-H program keeps moving on to “Make the Best Better” which can only mean the 4-H year is off to a tremendous start with a premier year to come.

### 4-H Calendar Dates:

<table>
<thead>
<tr>
<th>4-H Activity</th>
<th>Date</th>
<th>Time</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>Livestock Project Help</td>
<td>March 4&lt;sup&gt;th&lt;/sup&gt;</td>
<td>3:30</td>
<td>Arena</td>
</tr>
<tr>
<td>NCSU Livestock School</td>
<td>March 6&lt;sup&gt;th&lt;/sup&gt;-7&lt;sup&gt;th&lt;/sup&gt;</td>
<td></td>
<td>Arena</td>
</tr>
<tr>
<td>Cloverbud Goat Weigh-in</td>
<td>March 7&lt;sup&gt;th&lt;/sup&gt;</td>
<td>3:00</td>
<td>Arena</td>
</tr>
<tr>
<td>Tri-Co. 4-H Livestock Board</td>
<td>March 8&lt;sup&gt;th&lt;/sup&gt;</td>
<td>6:30</td>
<td>Arena</td>
</tr>
<tr>
<td>Forestry Banquet</td>
<td>March 9&lt;sup&gt;th&lt;/sup&gt;</td>
<td>7:00</td>
<td>Arena</td>
</tr>
<tr>
<td>Edge. Mutual Livestock Assoc.</td>
<td>March 16&lt;sup&gt;th&lt;/sup&gt;</td>
<td>7:00</td>
<td>Arena</td>
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<tr>
<td>N.C. Boating Safety Cert.</td>
<td>March 22&lt;sup&gt;nd&lt;/sup&gt;-23&lt;sup&gt;rd&lt;/sup&gt;</td>
<td>6:00-9:00</td>
<td>Arena</td>
</tr>
<tr>
<td>N.E. District Teen Retreat</td>
<td>March 27&lt;sup&gt;th&lt;/sup&gt;</td>
<td></td>
<td>Arena</td>
</tr>
<tr>
<td>Cloverbud Workout</td>
<td>March 28&lt;sup&gt;th&lt;/sup&gt;</td>
<td>2:00</td>
<td>Arena</td>
</tr>
<tr>
<td>4-H Livestock Show and Sale</td>
<td>April 6&lt;sup&gt;th&lt;/sup&gt;-7&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Check 4-H Web Page</td>
<td>Arena</td>
</tr>
<tr>
<td>Tri-Co. 4-H Livestock Board</td>
<td>April 12&lt;sup&gt;th&lt;/sup&gt;</td>
<td>6:30</td>
<td>Arena</td>
</tr>
<tr>
<td>N.C. Boating Safety Cert.</td>
<td>April 12&lt;sup&gt;th&lt;/sup&gt;-14&lt;sup&gt;th&lt;/sup&gt;</td>
<td>6:00-9:00</td>
<td>Arena</td>
</tr>
<tr>
<td>4-H Livestock Judging Clinic</td>
<td>May 22&lt;sup&gt;nd&lt;/sup&gt;-23&lt;sup&gt;rd&lt;/sup&gt;</td>
<td>9:00</td>
<td>NCSU Beef Unit</td>
</tr>
<tr>
<td>4-H Presentation Program</td>
<td>May-June</td>
<td>TBA</td>
<td>4-H Office</td>
</tr>
<tr>
<td>4-H District Day</td>
<td>June 24&lt;sup&gt;th&lt;/sup&gt;</td>
<td>9:00 a.m.</td>
<td>Nash Co.</td>
</tr>
<tr>
<td>4-H Camp</td>
<td>July 4&lt;sup&gt;th&lt;/sup&gt;-9&lt;sup&gt;th&lt;/sup&gt;</td>
<td></td>
<td>BJP Reidsville</td>
</tr>
<tr>
<td>4-H Congress</td>
<td>July 19&lt;sup&gt;th&lt;/sup&gt; -22&lt;sup&gt;nd&lt;/sup&gt;</td>
<td></td>
<td>NCSU, Raleigh</td>
</tr>
<tr>
<td>4-H Science Camp</td>
<td>August 2&lt;sup&gt;nd&lt;/sup&gt;-4&lt;sup&gt;th&lt;/sup&gt;</td>
<td></td>
<td>Wesleyan College</td>
</tr>
</tbody>
</table>


Educational Corner
Career Facts for Teens

Volunteering is a great way to: Make new friends, gain confidence, learn new skills and have fun. The rewards you get for putting something back into your community are limitless.

Volunteer to gain work experience. Volunteering is a great way to help you find paid work. Most employers will think your volunteering history shows that you: have initiative, are community minded and have a positive attitude towards work. Learning to work as part of a team and developing your organization skills are just a few of the benefits of volunteering that will serve you well in any job, today, tomorrow or in the future.

Replacing energy-hogging incandescent with energy-saving fluorescents (CFLs) is a simple, effective way to slow the rate of global climate change while saving money. CFLs are four times more efficient and last up to 10 times longer than incandescent.

CFLs use 50 - 80% less energy than incandescent. CFLs are less expensive: although initially more expensive, you save money in the long run because CFLs use 1/3 the electricity and last up to 10 times as long as incandescent.

2010 Boat Safety Education Classes

Mandatory Education and Age Requirements:
After May 1, 2010, every person under the age of 26 must complete a NASBLA approved boating education course before operating any vessel propelled by a motor of 10 HP or greater in the state of N.C.

The Edgecombe Co. 4-H Program will be hosting the following Boat Safety Education classes taught by the N.C. Wildlife Commission: (List Dates) Class will be held at the Eastern Carolina Ag. & Education Center nightly 6 p.m. – 9 p.m. It is a state requirement that you attend both nights of class. There is no fee to attend class. For additional information regarding N.C. Boating Regulations go to website: www.boatus.org/onlinecourse/statelaws/ncarolina.html

2010 Boater Safety Education Class:
Feb 1 & 2, March 22 & 23, April 12 & 13, May 3 & 4, June 14 & 15, July 19 & 20

Call the Extension Office to sign up for a class (252) 641-7827

2010 Hunter Safety Education Classes

Mandatory Education Requirements: All first-time license buyers must successfully complete a hunter education course before they can hunt in North Carolina or purchase a hunting license. NOTE: North Carolina sets no minimum age for taking a hunter education course. However, the courses are based on a sixth-grade learning level. The students must pass a written exam and a firearms handling proficiency test unassisted. Please be aware of these requirements before registering young children for hunter safety courses.

The Edgecombe Co. 4-H Program will be hosting the following Hunter Safety Education classes taught by the N.C. Wildlife Commission: (List Dates) Class will be held at the Eastern Carolina

January 4-H Leader’s Survival Training found leaders preparing for 2010 club focus areas of Careers, Math & Science Opportunities, Service Learning and Living Green

Going Green and Living Green for our FUTURE

If you want to change the world, start by changing a few light bulbs. It is one of the best things you can do for the environment, your budget and it is easy.
Ag. & Education Center nightly 6 p.m. - 9:30 p.m.  
It is a state requirement that you attend all three nights of class. There is no fee to attend class. For additional information regarding N.C. Hunter Safety Regulations go to website:  
www.ncwildlife.org/Apps/HuntingSafety/Courses/Search.asp

**Hunter Safety Education Class Dates are:**
August 9, 10 & 11; Sept 13, 14 & 15; Oct 4, 5 & 6, Nov 1, 2 & 3; December 6, 7 & 8

Call the Extension Office to sign up for a class (252) 641-7827

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**4-H Camping Opportunities for 2010**

It is not too soon to start thinking about planning your summer. The following camps are available for you. If you are interested in these camps please call the 4-H office to request details or check out the 4-H web page.

- **Betsy-Jeff Penn - 9 -14 yrs. old - Swimming Horses, Boating, Archery, etc. - Cost $325**
- **4-H Science Camp - Rising 6th to 8th - Tracks: Forces of Nature & Biotechnology Cost $85**
- **4-H Fit Camp - 9-12 yrs. old “Get Fit”, Nutrition, Exercise, YMAC Visit Cost $25**

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**2010 State Fair Turkey’s**

The following information regarding raising turkeys for the NC State Fair in October is directly from Melissa Scherpereel, NCSU Department of Poultry Science. If you have questions you will need to communicate with her directly beginning March 1st.

Registration for turkeys will go live on March 1st and will close when 300 youth complete submissions. To register please go to:  
http://ceres.cals.ncsu.edu/surveybuilder/Form.cfm?TestID=9678.

Once we have received all 300 submissions and have closed the site, an email will be sent to all email addresses that were submitted as the correspondence email as confirmation.

The pick up date for poults is scheduled for Thursday May 27th from 11:00 until 5:00. Please make arrangements to have someone pick up your poults for you if you can not make this date. We are trying to not hold any poults over night and are therefore doing the distribution in one day.

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We look forward to another great year and appreciate your interest in our programs. General information on the show can be found here at:  
http://www.ces.ncsu.edu/depts/poulsci/4h/turkeyshow/turkeyshow.html

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**2010 4-H Presentation Program**

4-H Leaders, parents, volunteers and 4-H’ers who are interested learning about the 4-H presentation program are strongly encouraged to attend the 2010 4-H Presentation Program orientation. It is critical for first time participants and their support team to be apart of this training. Developing public speaking skills is ranked number one among the skills sets of a professional, plus many more attributes needed to succeed in the working world. So, join the 4-H program on Tuesday, March 23rd, at the arena at 6:30 to discover how you can begin making strides in the 4-H presentation program for your development of your leadership, self-confidence and self-esteem. For a complete list of 4-H presentation categories check visit the following:

www.nc4h.org/publications/presentations/index.html

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**2010 4-H Livestock Program**

Just as a reminder to all 4-H livestock participants double check your “4-H Livestock Calendars” that you received in November with all the critical dates of events for your project year. If you can not locate this calendar visit:  
www.ces.ncsu.edu/edgecombe then click on “Youth & 4-H” on the left hand side.

Do not forget the 2010 Eastern N.C. 4-H Livestock School host by Edgecombe County at the arena March 6th-7th. Details were mailed to you earlier. This will be a great asset to your 4-H livestock endeavors and perfect hands-on opportunity for practice purpose with some great instructors. Last but not least do not forget your 4-H project books materials can be found at the following website:  
www.ces.ncsu.edu/edgecombe then click on “Youth & 4-H” on the left hand side.

The first of two livestock project help workshops is scheduled for Thursday, March 4th at the arena beginning at 3:30 p.m.

As shared at our 4-H Achievement Program please do not hesitate to phone with questions or concerns about your livestock projects. If we do not have the resource to answer your questions we
will get you help. We want all our 4-H youth and their animals to stay healthy and safe for our upcoming spring event April 6th-7th.

4-H News……

Congrats to 4-H Livestock Youth:

- Erin Proctor and John Ronald Walton accepted into “Lewis Nance Meat Goat Leadership Institute”, meeting in Raleigh, February 27th.
- Morgan Drake was recognized by the N.C. Cattlemen’s Association for placing 3rd in the Performing Steer Index.

BIG THANKS!!!!!!!!!! to James Bulluck, Johnie Walton, Alton Skinner, Paul Drake, Ms. Vivian, Art Bradley and ALL 4-H parents for making sure all our 2010 4-H Meat Animal Show and Sale projects are registered and in place for the April 6th and 7th 4-H event. Also, thanks to EVERYONE” for getting to the arena a day early and making us a 100% tagged in!!!

Go Hoofbeats Horse Bowls Teams for a GREAT SHOWING at District Competition! All three teams will be headed to State competition March 6th along with the beginning stages of Horse Hippology. Best of luck young ladies.

Edgecombe’s District Horse Bowl Placings:

**Sr. Team - 1st Place:**
Coach: Chris Fulford – Sr. Team Members: Rhonda Armstrong, Julia Fritschel, LeeAnn Pace, Katie Mills and Elizabeth Mayo. **High Individuals were:** Julia Fritschel 1st Place, Rhonda Armstrong 2nd Place, Katie Mills 3rd Place and Elizabeth Mayo tied for 5th Place.

**Jr. Team - 1st Place:**
Coach: Kay Thompson – Jr. Team Members: Lillian House, Amanda Minner, Hannah Pilgreen and Sarah Porter. **High Individuals were:** Amanda Minner 2nd Place, Lillian House 3rd Place and Sarah Porter 5th Place.

**Mixed Team - 2nd Place:**
Coaches: Chris Fulford & Kay Thompson – Mixed Team Members: Whitley Wilson, Sydney Parks, Logan Lunsford and Monica Sanford. **High Individuals were:** Whitley Wilson 2nd Place and Monica Sanford 4th Place.

**Special Thanks!!!!!!!** to the following 4-H Volunteers who made hosting the Horse Bowl a tremendous success: Tom Porter, Becky and Scott Fritschel, Jessica Hlebak, Alison Thompson, Margaret Harper and of course, all the support from horse bowl parents.

4-H Achievement Program

The 2010 4-H Achievement Program was yet another great event that started off the new 4-H year with a BIG BANG!!!!!!! I was so proud to present so many honors and gifts to each of you and your 4-H Clubs. Do not forget to check out the 4-H web page www.ces.ncsu.edu/edgecombe then go to “Youth & 4-H” for your very own copy of the awards program.

4-H Horticulture Judging Program

The 4-H office is looking to create a Horticulture Judging Program. The 4-H horticulture program is designed for youth 9-19 who want to learn how to recognize and identify horticultural crops, learn to criteria the quality and to be able to answer questions and solve problems relating to the art and science of horticulture. If you are interested in learning about this opportunity please call the 4-H office today. It will only take 3-4 interested youth to make this fun opportunity to happen. Please call by next Friday, March 5th to share your interest so we can establish a time to meet and really “get down and dirty” about this program and see if it is right for you – (252) 641-7827.

4-H T-Shirts for Sale!
4-H t-shirts in the photo are for sale. The cost is $10; they can be purchased at any event being hosted at the Livestock Arena...check out the 4-H Calendar on the 1st page for the opportunities to purchase your 2010 4-H t-shirt.